

## OUR TEAM

### General Practitioners

Dr John McIntosh  
Dr Sunil Purohit  
Dr Khin Win  
Dr Anna Varghese  
Dr Sahar Heidari  
Dr Shayan Rad  
Dr Nash Bashar  
Dr Kamran Asgaripour  
Dr Karthik Premkumar  
Dr Scott Temple

### Practice Manager

Annette Swann

### Nurses

Karen | Emma | Tahlia | Tash  
Bec | Holly | Bronwyn

### Receptionists

Amanda | Tara | Larissa  
Shanni | Fiona | Kimberly

## SURGERY HOURS

### **Mackay GP Superclinic**

Ph: (07) 4954 8866

**Monday – Friday**

7:00am – 7:00pm

after 6pm by appointment only

### **Weekends & Public Holidays**

8:00am – 2:00pm

### **AFTER HRS & EMERGENCY**

Our practice provides after hours services. For appointments **before 10pm** please call **0439 292 155**

For appointments **after 10pm** please call the doctor direct **0438 976 768**.

All services completed by 11pm will be bulk billed.

Consultations after 11pm will incur a fee of \$250 with a \$150 Medicare rebate.

**BULK BILLED HOME VISITS**

**Dr To U**  
Support your community

**1300 GETDRS**  
(1300 438 377)

**RECEPTION HOURS**  
Mon-Fri 4pm - 10pm  
Sat 12pm - 10pm  
Sun 8am - 10pm

**BOOK ONLINE**  
[www.drtoou.com.au](http://www.drtoou.com.au)

## Is there a Doctor in the house?



Dr Sahar Heidari

**MD**

Dr Sahar was born in Tehran and studied medicine at Qazvin University of Medical Sciences in Iran. She moved to Australia with her husband Shayan and has lived in Mackay since 2013. She specialises in Women's Health, Chronic diseases and has interests in Skin Cancer and Aesthetics.

In her spare time Dr Sahar enjoys spending time with her family, reading books, blogging and watching movies.



## What's On?

### **RED APPLE DAY**

WEDNESDAY, 21ST JUNE

Australians are encouraged to support the vital work of Bowel Cancer Australia through the purchase of Bowel Cancer Awareness Ribbons and Apple themed fundraising activities.

Bowel cancer affects both men and women of all ages and needs to be made more aware of in every household across Australia. Bowel cancer is preventable, treatable and beatable if detected early.

For more information or to donate go to [www.redappleday.org](http://www.redappleday.org)

## HEALTH AWARENESS



**JUNE**



Friday the 9th of June is pirate day Friday. Dress up like a pirate and raise funds for children with brain cancer. Brain cancer is the most common form of tumour in children and is the second most common cause of death in children in Australia. Treatments available vary depending on tumour type, grade, child's age, overall health.

Brain cancer is the most common form of tumour in children and is the second most common cause of death in children in Australia. Treatments available vary depending on tumour type, grade, child's age, overall health.

**BE A HERO. BE A PIRATE.**  
**PIRATE DAY FRIDAY**



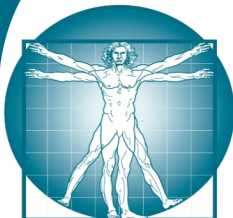
Show your support and get involved visit  
<http://www.piratedayfriday.org.au>

## JUNE IS BOWEL CANCER AWARENESS MONTH

14,958 Australians are told they have bowel cancer every year. Bowel cancer is Australia's second biggest cancer killer after lung cancer, claiming the lives of 4,162 people every year.

Age, health history and inheriting certain genes can affect the risk of developing bowel cancer. Possible signs of bowel cancer include a change in bowel habit or blood in the bowel movement. Don't delay in talking to your GP if you are experiencing symptoms for two weeks or more, because when diagnosed early 90 percent of cases can be successfully treated. Not everyone experiences symptoms, particularly in the early stages of bowel cancer.

For more information visit  
[www.bowelcanceraustralia.org](http://www.bowelcanceraustralia.org)



Mackay  
**GP**

**Superclinic**  
your health precinct

JUN/JULY2017

### OUR ALLIED HEALTH PARTNERS

**Advanced Mole Clinic &  
Exqisit You**  
Mon - Fri 8.30am - 5pm  
PH: 4840 2173

**All Sorts Development  
Speech Pathology &  
Occupational Therapy**  
PH: 4927 9082 or  
0423810518

**Instant Calm**  
Teresa Abela  
PH: 0409 819 453

**Exercise Physiologist**  
Matthew Cassidy  
PH: 4954 8866

**Sullivan Nicolaides  
Pathology**  
PH: 4954 7814

**ChemMart Pharmacy**  
PH: 4840 2730

**Construct Health  
Physiotherapy**  
PH: 4840 2122

**Northern Beaches  
Dental**  
PH: 4840 2700

**Bottoms Up Colonics**  
PH: 4840 2182

### Billing Arrangements

Please note that we are not a bulk billing surgery, and consultation fees are to be paid at the time of your consult: Payment can be made by Cash, Cheque or Eftpos.

#### Weekdays

Standard Consultation	\$85.00
Health Care Card	\$70.00
Pension Card	\$55.00
Aged Pensioner	BB
Weekend Appointments	\$95.00

### Medical Results



Due to updated confidentiality laws, please note that only your doctor has access to your test results.

Results can take several days to come through.

A follow up appointment with your doctor will be required to obtain your results, and to maintain continuity of your care.

### Telephone & Email Access



Our Doctors are extremely busy, and cannot take your call or see to your emails immediately.

Our staff can take your message and relay it to your doctor when they are available.



Did you know your Personally Controlled Electronic Health Records (PCEHR) is now available to your practitioner online?

PCEHR allows you to control your medical records and allows access to the medical practices of YOUR choice.

Registering for this service will help provide better individual care for our patients.

#### REGISTER:

Online [www.ehealth.gov.au](http://www.ehealth.gov.au)  
In person at your local medicare office  
Via telephone 1800 723 471, option 1.

### Repeat Requests

We value your ongoing health & like to monitor your health requirements.

Any referrals or repeat scripts do require an appointment made with your GP.

### Personal Information Management

Your medical record is a confidential document. It is a policy of this Practice to maintain security of Personal Health Information and it is only available to authorised staff.

### Translating & Interpreting Services

Phone: 131450  
24 Hour Relay Call Numbers  
TTY / Voice Call: 133677  
Speak & Listen: 1300 555 727  
A phone solution for people who have a hearing or speech impairment.

### FEEDBACK

If you have any suggestions, concerns or complaints about the service we would like to hear from you.

#### Please mail your suggestions to:

Practice Manager, GP Superclinic Group, PO BOX 98, Rural View Qld 4740

#### Unresolved issues can be posted to:

The Qld Office of the Health Ombudsman, PO Box 13281 George Street, Brisbane Qld 4003  
Or Call 133 OHO (133 646), Monday to Friday 9am to 5pm

Mackay GP Superclinic	1-3 Old Eimeo Road, Rural View Q 4740
City Superclinic Mackay	160 Boundary Road, Ooralea Q 4740
Walkerston GP Superclinic	13-17 Dutton Street, Walkerston Q 4751
Marian GP Superclinic	247 Anzac Avenue, Marian Q 4753
Hay Point Medical Centre	Shop 7 Valroy Street, Half Tide Q 4740

P: 4954 8866
P: 4952 4929
P: 4959 2609
P: 4954 3702
P: 4956 3477

<a href="http://www.mackaygpsuperclinic.com.au">www.mackaygpsuperclinic.com.au</a>
<a href="http://www.citysuperclinicmackay.com.au">www.citysuperclinicmackay.com.au</a>
<a href="http://www.walkerstongpsuperclinic.com.au">www.walkerstongpsuperclinic.com.au</a>
<a href="http://www.mariangpsuperclinic.com.au">www.mariangpsuperclinic.com.au</a>

**GP Superclinic Group - Raising the Bar in Health**